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Español (Spanish 0.006 T.3(a)) TJ521 TJ [-8.6(e)i

### Commonly Prescribed Opioids are:

- Hydrocodone (Vicodin)
- Oxycodone (Percocet, OxyContin)
- Oxymorphone (Opana)
- Hydromorphone (Dilaudid)
- Morphine
- Codeine

## Why are Opioids Dangerous?

### Side Effects

Opioids may cause sedation, nausea, vomiting, and constipation.

### Dependence

Patients may crave opioids after no longer taking the drug.

### Addiction

Brain changes may cause patients to develop an irresistible urge to use opioids.

### Withdrawal

Stopping opioids abruptly can cause diarrhea, s

Try to manage pain without opioids first.

Options Include:

### Non-Drug Interventions

- Exercise, physical therapy
- Acupuncture, Chiropractic
- Pain medicine consults

### Non-Opioid Medications

- Pain relievers like acetaminophen and NSAIDs
- Other classes of medication that relieve certain types of pain